**The Damage of Marijuana**

Marijuana can be extremely harmful and should stay completely Illegalized and regulated. It can strongly affect people’s mental health and wellbeing in the long run. Let us go through the many drawbacks of marijuana.

According to the national institute on drug abuse, the plant contains the mine altering chemical THC and the similar compounds. These extracts can deliver extremely large amounts of THC through the blood stream, which has sent some people to the emergency room.

Marijuana has both short and long-term effects on the brain. People with short-term effects usually experience THC quickly passed through their lungs and into the bloodstream. This can change their senses, moods, body movements, and in worst-case scenarios give them hallucinations or delusions. People that have long-term effects can have a strong impact on their memory or learning functions. A study from New Zealand showed that people who started smoking marijuana heavily in their teens and had an ongoing marijuana use disorder, lost an average of 8 IQ points between ages 13 and 38.On top of that, marijuana can create long-term breathing problems, increased heart rate, problems with child development during and after pregnancy, temporary hallucinations, temporary paranoia, worsen schizophrenia, worsen depression or anxiety, and intense nausea and vomiting.

Marijuana has resulted to also possibly being super addictive and lead to overdose. Throughout the past few years, the deaths due to overdose have increased in 31 percent in the United States. Research suggests that between 9 and 30 percent of those who use marijuana may develop some degree of marijuana use disorder seeing that it can be so addictive.

After embracing what you were just told, would you want it to be allowed for any civilian to wander around using this drug? Once something is considered okay and legalized, it would only be a matter of time that it would affect our surroundings and ourselves. This can lead to corruption of human lives everywhere.

Seeing people in my life using marijuana in a lightly matter is not an easy pill to swallow. Even if the person notices or not, it changes the atmosphere, one that is most gloomy and unpleasant. I would never want anyone to go through the pain of gradually losing a loved one.

Let us make sure marijuana never becomes legalized. Keep your family healthy and protect your loved ones, lets fight for the awareness of the drawbacks of drugs, for it can take our owns lives as well as make us feel alone. Let us help people find a different addiction. Maybe chew some gum.